



# impressions

LEGACIES OF LOVE AND FINGERPRINTS ON THE WORLD



## A Special Visit for a Special Friend

### In This Issue:

- The Needs of Faith . . . . . page 3
- Bedside Comfort . . . . . page 4
- Notes from Families . . . . . page 5

# A Special Visit for a Special Friend

## Hospice Team Takes Patient to his Favorite Breakfast Spot

It was part of Senior Independence's Make it Happen® program, which brings moments of joy to those nearing the end of life by fulfilling precious wishes.

Hospice patient Ed had been a regular at Tommy's Diner, just west of downtown Columbus, but hadn't visited in years.

That's why the local hospice team decided to take Ed to Tommy's for a special visit.

Ed was so excited that he was dressed, ready and waiting an hour before the team was scheduled to drive him to the diner.

French toast was Ed's breakfast choice, and it didn't take him long to make the decision, either! That French toast must have been delicious because Ed ate every bite.

Tommy, the owner, even showed up that morning for Ed's breakfast.

Ed was thrilled with his breakfast and the special trip. "I never thought I would see this place again," he said. ●



**ABOVE:** Hospice patient Ed and his much-anticipated french toast from Tommy's Diner—his favorite breakfast spot—which Ed was able to visit thanks to Senior Independence Hospice's Make it Happen® program.

**ON THE COVER:** Ed and Tommy (front row, left to right) and members of the hospice team from Senior Independence's Central Ohio Region at Tommy's Diner in Columbus.



Do you know a Senior Independence Hospice patient with a special wish?

Call your local office (listed on the back cover) and nominate him or her for a Make it Happen® event.

# Hospice Myths and Realities

**Myth:** *Hospice provides 24-hour care.*

**Reality:** The hospice team (which may include nurses, social workers, home health aides, volunteers, chaplains and bereavement counselors) visits patients intermittently, and is available 24 hours a day, seven days a week for support and care. Some hospices are able to provide “continuous care,” but hospices must have a program in place for this to happen and hospice patients must meet certain criteria.

**Myth:** *All hospice programs are the same.*

**Reality:** All licensed hospice programs must provide certain services, but the range of support services and programs may differ. In addition, hospice programs and operating styles may vary from state to state depending on state laws and regulations. Like other medical care providers, the business models hospices use may differ. Some programs, like Senior Independence Hospice, are not-for-profit while other hospices are for-profit. ●

## Understanding the Needs of Faith

### *Senior Independence Hospice Receives Jewish Accreditation*

At Senior Independence, people of all religions are welcomed and respected. But we must seek to understand the end-of-life traditions of the various faiths and what they mean to our patients in order to fully achieve inclusiveness.

In that spirit, Senior Independence Hospice is reaching out to those of the Jewish faith by obtaining accreditation through the National Institute for Jewish Hospice, which serves as a resource and educational center for anyone involved in the treatment and care of the

Jewish terminally ill. Staff training for this accreditation was made possible by charitable gifts to Senior Independence.

As an accredited Jewish hospice agency, Senior Independence recognizes the unique values and practices of the Jewish faith, supporting patients and their families with integrity and understanding.

“Senior Independence Hospice is prepared to help ease the Jewish patient into the next world,” says Cheryl Withrow, executive director for Senior Independence’s Southwest and Miami Valley Regions. “This accreditation and training helps us understand and honor the traditions of the Jewish faith, which gives us the opportunity to provide a better quality of care for our patients at end of life.” ●

# Bedside Comfort

## Donors Provide Comfort Care Items

Thanks to the generosity of the Western Reserve Junior Service League, hospice patients and their families in the Greater Cleveland area are receiving increased comfort at the bedside.

Items provided in special “hospice bags” are a relaxation CD, aromatherapy supplies, a journal, lip balm, a flower pot and soil, a picture frame and a soft blanket. The items were chosen to enhance and stimulate as well as soothe each of the senses.

In Central Ohio, a contribution from the Eunice Ensley Charitable Gift Fund will soon provide similar comfort tools. In addition to the items above, this fund may provide Bibles, stuffed animals, books, slippers and bathrobes. This fund was established by the family of Eunice Ensley, and each year donates to a selected charity in her name.

Thanks to these kind charitable gifts, loved ones can provide comfort care without leaving the patient’s bedside.

## Charitable Gifts Provide the Comfort of Touch

Through the generosity of donors, Senior Independence was able to offer Comfort Touch® training to several of its hospice staff.

Comfort Touch® is a style of massage that gives special consideration to the physical and emotional needs of elderly and/or ill patients. Its primary intention is to provide comfort through techniques that promote deep relaxation and relief from pain.



**ABOVE:** *We’re so grateful for these gifts and the benefits they bring to clients, as studies on complementary and alternative therapies have shown positive effects on quality of life, physical comfort, energy and mood in hospice patients.*

Currently, Senior Independence Hospice is using Comfort Touch® exclusively on the hands. However, the full Comfort Touch® technique can be given to anyone in any setting; a massage table or other special equipment is not required. It can be performed with the patient in a wheelchair, in a hospital bed, a regular bed, in a recliner or in a chair.

Thanks to this special training—and the donors who helped make it happen—hospice staff are now better able to comfort the people we serve. ●

# Valentines from Volunteers

Volunteers in Senior Independence's Mahoning Valley Region spread the love on Valentine's Day by making personalized valentines for patients.

The valentines were either mailed to private homes or delivered to patients who are living in skilled nursing centers.

The cards were met with hugs and smiles—the best reward!

Extra valentines were given out to others in the centers who seemed a little lonely. •



## Notes From Families

“There is not enough to be said about someone being able to die with dignity and respect, and I am happy that my mother had both. I wish you God's continued blessings as you continue this important outreach.” *Paula Overly*

“It takes a special person to work in your field and my father was truly blessed to have so many of them personally involved in his care. I am forever grateful.” *A grateful family*

“A heartfelt thanks for the love and compassion shown to our mom and the family during this tough time. The staff and caregivers have been nothing short of amazing.” *Bobbie*

“It was so kind of you to come to the calling hours after your long, difficult days. We cannot say enough about the extraordinary support you gave to Dad and his caregiver team, especially my mother. Thanks from the bottom of our hearts.” *A grateful family*

# Thank you for your generosity

The following donations were made between January 1, 2013 and February 28, 2013 in support of Senior Independence Hospice. If you believe your name to be omitted or printed in error, please accept our sincerest apologies and call the OPRS Foundation at 1-800-686-7800.

## In Memory of:

### ***Vesta Anderson***

James & Betty Hoover

### ***Nancy Cintron***

Maureen A. Didgeon  
Barbara McIlvaine  
Tim & Cindy Rettig

### ***Jeanine Corbett***

June Barkorst  
Jim & Sara Bertsch  
Ronald & Claire Corbett  
Deborah K. Hileman  
Richard & Dianah  
Martin  
Harvey E. & Peggy W.  
Watkins

### ***Edith Cox***

Arthur J. Cox

### ***William Cox***

Carl & Helen Miller

### ***Donald Coyne***

Anthony J. & Shirley J.  
Roman

### ***Marjorie Feeney***

Jerry Ewing  
Carole R. Kiroff  
Bill & Kathleen Santry  
David & Sandra Weber  
Gary & Dawn Wright

### ***James Flanagan***

Ola Mae Shoemaker

### ***Margaret Flohr***

Linda Darlage  
Renee deLassus & Sarah  
Marsh  
Brenton & Alice  
Holcomb  
The Saltsburg Fund

### ***Julia Greifelt***

Mark & Carol Greifelt

### ***Marian Hamaker***

Jackson Towers Resident  
Association  
Tom & Sandra  
Shoemaker

### ***Ruth Howland***

S. Abraham & Sons, Inc.

### ***Noah Huff***

Patricia M. Schulz

### ***Rita King***

Elizabeth Arnold  
Karen A. Grady  
Scotty & Paula Myers  
Linda A. Vollmer  
Rudy Wilkinson  
Margaret Wolfe

### ***Florence Kirian***

Amy Barrie

### ***Wilma Knak***

Loraine Grandpair  
Christine M. Zartman

### ***Helen Koch***

Richard & Margaret  
Gove  
Sue & Jim Rowe

### ***Joseph Koenig***

Anne M. Koenig

### ***Linda LeJeune***

Mark & Carol Greifelt  
Kevin & Barbara  
Halbersen

Kenneth & Marilyn

Linkey  
Alvin & Maxine Schulte

### ***Richard Leonard***

Dennis D. Antonino  
Beatrice Bavarro  
Jim Braccio  
Mary Campanale  
Mark & Phyllis Craig  
Steve Flasco  
Stefanie Foley  
Gloria A. Leonard  
Arlene Mong  
Sean Reitz  
Shirley Stahl

### ***Patrick Milligan***

Nancy L. Beckman  
Harvey D. Chamberlin  
Comer Trucking Inc.  
Sondra R. Dunham  
Don & Lois Fogt  
Glen & Shirley  
Gronlund  
Scott J. Hinsch, Sr.  
Thomas G. & Sandra J.  
Hofmann  
Huelskamp & Sons, Inc.

Alan & Donna Laws  
Merle Laws  
Marilyn McCarthy  
Carol B. Milligan  
Suzanne C. Milligan  
Mark M. & Janet E.  
Mullen  
Northern Ohio Cut  
Stone, LLC  
Piqua Concrete Corp.  
Frederick C. & Gay E.  
Smith  
Kent R. Smith  
Edward & Janice Sparks  
Steven & Sally Stilwell  
Diane Thompson  
Rebecca Wells  
Fletcher & Kathryn  
Zimpfer

**Mary Pidwell**  
James W. Broggin  
Albert M. Jenkins  
Phillip F. Lucco  
Arthur R. Wilson

**Lola Poole**  
David A. Keith  
The Famous  
Manufacturing  
Company

**John Push**  
Marcie Hinebaugh

**Walter Ramey**  
Longcoy Sunshine Fund

**Georgian Schmidt**  
Donna L. Endler  
Daniel & Charlene  
Kobida

**Margaret Shultz**  
Phillip & Laura Bisesi  
Benedetto & Mary  
Donatelli  
Rhoda F. Mazer  
New Beginnings Class

**Robert Swigert**  
Suzanne C. Tulk

**Antoinette Testa**  
Anonymous  
36257 East Jefferson  
LLC  
Judy Langhurst  
Robert & Deanne Miller  
Eugenia T. Pantalone  
Mena E. Potts

**Doris Tolbert**  
Alease Vaughn

**Paul Williams**  
Larry & Ellen Cox

### **In Honor of:**

**Donna Jean Blasiman**  
Wolfe.Com, LLC

**Vincent Flipppo**  
Carolyn Peterson

**Julie Laurer**  
Carolyn Peterson

**the birthday of Carol  
Milligan**  
John & Susan Wilding

### **Other Donations:**

Fredrick B. & Susan L.  
Ball  
Rochelle Balogh  
Peggy Bertels  
Arlene M. Binkley  
Ralph & Elaine Boehl  
Jane E. Brodnik  
Joseph Buckley  
Elizabeth Buschmann  
Elaine Echols  
Carol J. Edmonds  
Kathie S. Gannon  
Katy L. Goare  
Deborah E. Graver  
Ethel M. Mayfield  
Maureen A. McCarthy-  
Magill  
Cheryl & Sean  
McLaughlin  
Lindamae C. Parker  
Richard J. Paulus  
Wendy Price Kiser  
Sue Welty  
Elizabeth C. White  
through The William  
Froelich Foundation

“All the art of living lies in a fine mingling of  
*letting go* and *holding on.*”

~ Henry Ellis

## Local Offices

Akron/Canton: 330-873-3468  
1815 W. Market Street, Akron, OH 44313

Central Ohio: 614-433-0031  
6555 Busch Blvd., Columbus, OH 43229

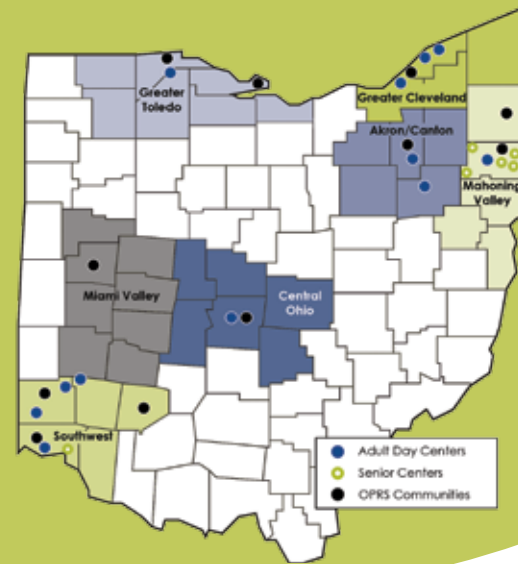
Greater Cleveland: 440-953-1256  
38721 Mentor Ave., Willoughby, OH 44094

Mahoning Valley: 330-533-4350  
6715 Tippecanoe Rd., Canfield, OH 44406

Miami Valley: 937-415-5666  
6520 Poe Ave., Dayton, OH 45414

Southwest Ohio: 513-681-8174  
9600 Colerain Ave., Cincinnati, OH 45251

Greater Toledo: 419-865-1499  
5810 Southwyck Blvd., Toledo, OH 43614



## Become a Hospice Volunteer

Hospice volunteers provide a special kind of caring. They open themselves to heartwarming and meaningful experiences that enrich the quality of life for hospice patients and their families.

Our more than 300 volunteers find joy and fulfillment in their service and the new relationships they form.

Hospice volunteers work with patients and families in a variety of ways, such as:

- Companionship
- Respite visits
- Spiritual support
- Bereavement support
- Errands and light housekeeping

Volunteers can also support our mission by providing clerical support like:

- Filing and photocopying
- Assembling information packets
- Assisting with mailings
- Making telephone calls

Contributions of volunteers are essential to the important work of Senior Independence Hospice.

**The impact that you can have on the lives of others, as well as your own, is immeasurable!**

Consider becoming a part of our volunteer team. For more information, call the Hospice Volunteer Coordinator at your local office (*listed above*). ●