mpressions

LEGACIES OF LOVE AND FINGERPRINTS ON THE WORLD



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TO HAVE AND TO HOLD

Patient's wish of renewing vows comes true

Steve Skeels walked into a restaurant and saw a woman named Sherry. It was love at first sight. He soon proposed and they married in a courthouse ceremony in 1989.

Twenty seven years later, Steve, now a hospice patient, wanted to renew his and Sherry's wedding vows. Senior Independence Hospice's Greater Toledo region was able to make Steve's wish come true through its Make it Happen program.

The ceremony "was nothing short of wonderful," said Volunteer Coordinator Jennifer VanVorhis.

A bit of rain didn't bother anyone and, surrounded by friends and family, this loving couple pledged their devotion to each other once again with the help of Senior Independence's Spiritual Care Coordinator, Vince Flippo, who officiated.

"This special pair and their children were so happy to have a day to recognize their love for one another," Jennifer shared

Helping out with the big day were Maumee Bay State Park Resort, Birmingham Limo Services, Wiley Bakery, InBloom florist and Brenda Winchester of Memories Captured by Brenda, a professional photographer who is also a hospice volunteer.

Nurse Amey Raihala said the Skeels are still talking about the great day months later. "It was a special day and they were very excited. And then they made handmade cards to thank everyone involved. It was so sweet," she said. •

ON THE COVER: Hospice patient Steve Skeels (far left) poses with his wife, Sherry (second from left), their daughter and her boyfriend. Steve and Sherry's wish of renewing their vows came true thanks to Senior Independence's Make it Happen program, which benefits from donor support.

photographer and hospice volunteer Brenda Winchester was on hand to help capture every special moment during the Skeels' big day, like the ceremony itself (left), sharing the cake (center) and just some candid, intimate moments between the husband and wife (right).







SENSE-ABLE THERAPY

Grant provides for multisensory items

Thanks to a grant from the Theodore J. and Thelma G. Tobbe Fund of The Columbus Foundation, end-stage dementia patients in Senior Independence's Central Ohio region are benefiting from multisensory therapies.

The grant has helped pay for iPads, light therapy devices, and special muffs and blankets that stimulate or calm restless minds and hands when needed.

Senior Independence's multisensory therapies program focuses on improved quality of life for the patient, but also involves improved symptom management.

iPads

Memory games are installed on iPads, as well as music for music therapy. The devices offer visual stimulation through a range of applications for drawing, game playing and video chatting with family members and friends. They also help to provide life reviews and photos.

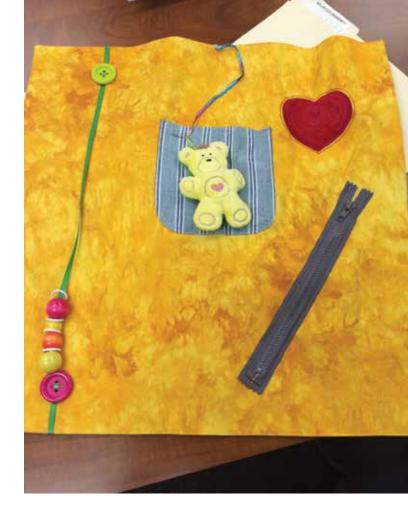
Stargazer light therapy

These devices cast a soothing show of stars in hues of blue and green – much like looking at a night sky – to calm anxiety and agitation.

One hospice patient, Betty, told her social worker that she likes to just lay in bed and watch the stars. Even Betty's family has said how much they love the stargazer and wish they had one for another family member!

Activity muffs

To occupy the hands, each muff has a soft ball for squeezing. Marble-sized beads,



safely contained in a sealed pouch, can be manipulated by restless hands and there are trims such as buttons, ribbons and beads. Not only do the devices comfort those with diminished hand mobility and limited social interaction, but they also keep hands warm.

Fidget blankets

These special blankets are designed for dementia patients and feature bright colors, different textures, and objects that offer calming and interesting entertainment as well as improving fine motor skills. •

ABOVE: A fidget blanket made by hospice nurse Cheryl Winigman, similar to those that will be used by patients in Senior Independence's Central Ohio region. A grant from The Columbus Foundation helped pay for these and other multisensory therapy items to help stimulate or calm restless minds and hands when needed.

A CUT ABOVE

Hair salon helps hospice patients

Hospice patients who can no longer go to a hair salon miss more than just haircuts. They also miss the enjoyment and confidence boost that comes with feeling fresh, clean and well-groomed.

Getting professional stylists to bring their skills and equipment to hospice patients has been difficult. But when Sarah Hadley, executive director of Senior Independence's Mahoning Valley region, asked the right stylist, the answer was, "Sure! What do I have to do?"

Sarah Hadley had posed the question to Sarah Doyle, owner of Bang Studios in Youngstown, and she not only agreed to come to hospice patients who could not come to her, but has found it most rewarding for herself and her stylists.

"Our experience has been so heartwarming. We have had the joy of working with so many amazing people and we look forward to our next visits with them," Doyle said.

"We have noticed how caring the caregivers and nurses are at each establishment. It's refreshing to see, in such a crazy world, that we are still surrounded by amazing people," she added.

Sarah Hadley has been trying to establish a visiting hairdresser program for years, after being inspired by her own grandmother who had been under hospice care and would frequently ask to have her hair done.

"My mother and I tried to do it for her but we couldn't do it the same as her hairdresser. When friends and family came to visit, I often noticed her fidgeting with her hair and saw how uncomfortable it made her," she recalled.

The two Sarahs have known each other for years and one day at Bang Studios, Sarah Hadley noticed that Sarah Doyle had posted a flyer promoting an animal rescue fundraiser. This led her to wonder if maybe she'd finally found a hairdresser that would consider getting involved with a hospice project.

"Had I known that it was going to be that easy, I would have asked years earlier!" Hadley said.

Sarah Doyle explained, "We agreed to this because I feel like every one of us at one point has been affected directly or indirectly by a family member or friend in hospice. You want to do everything you can to make them feel better, even it is



just something as simple as a haircut."

"The little things that we can do to help make someone feel better make it more than worth it to all of us," she added.

The stylists are paid using unrestricted donations. And the costs are only for services, not mileage or excessive time

"Our patients require a lot of time and, for that reason, I do feel the stylists go above and beyond. There is an added component of donated time that Sarah's employees give but will never admit to," Sarah Hadley said. "This is what hospice is all about. It's allowing everyone to use their gifts and talents to help others. And when they do, the blessing is returned tenfold," she shared. •

LEFT: Hair stylist Brayon Rhodes from Bang Studios in Youngstown puts the finishing touches on hospice patient Kenneth Erdner's haircut.

RIGHT: Thanks to help from charitable donations, hospice patients like Kenneth Erdner can have their hair done in the privacy and comfort of their own homes. This special initiative not only helps patients look their best, but gives them a confidence boost as well.



People will forget what you said, people will forget what you did.

but people will never forget how you made them feel

~ Maya Angelou

PARTY TIME AT PARKCLIFFE

Hospice hosts special picnic for patients

Senior Independence's Greater Toledo region wanted to host a special event for its patients who live at Parkcliffe Alzheimer's Community, as they typically can't travel to enjoy such activities.

Senior Independence Hospice staff sprang into action to get started on a special Make it Happen event, and soon a patriotic picnic on the premises was planned and held during warmer weather. The event was a huge success, with about 200 people attending.

"Doing this Make it Happen picnic was an opportunity to give the families of the Parkcliffe residents a sense of normalcy. They got to do a fun activity that might have been too difficult for them to do with their loved one otherwise," said Jennifer VanVorhis, volunteer coordinator for the region.

Many helping hands got involved in the planning and preparation of food and fun. There were 14 staff members helping as well as many volunteers. They served 180 plates of food to Parkcliffe staff, residents and families. Meredith Rentals provided the tables and chairs, and Ragtime Rick and the Chefs of Dixieland entertained. The patients ate, clapped and some even danced.

Wendy Price-Kiser, executive director of Senior Independence's Greater Toledo region, also took the opportunity to present Parkcliffe's owner/director, Wayne Bucher, with an award to recognize the facility's 2015 Best of Senior Living honor.

"It was a phenomenal day from beginning to end. The weather was perfect and I've heard nothing but positive comments about how wonderful everything was," said Jennifer. •





ABOVE, TOP: The Senior Independence staff members and volunteers who helped plan and carry out a special Make it Happen picnic for not just its patients, but everyone at Parkcliffe Alzheimer's Community.

ABOVE, BOTTOM: Hospice patient and Parkcliffe resident Jack Hoenig poses with Kim Navarette during the special picnic that was held at the facility thanks to Senior Independence's Make it Happen program.

You can help Senior Independence Hospice patients enjoy special events like these – simply use the enclosed reply envelope to send your charitable gift today!

DIRECTOR'S COLUMN

By Sue Brookins, MSN, RN, ACHPN, CNS Corporate Director of Hospice



Donors help us go the extra mile

The little things really do mean a lot. It's cliché because it's true.

Hospice care is full of little moments that mean a lot. But many of them wouldn't happen without donor support.

Christmas provides a great example of what I mean. One of our hospice teams made wreaths and took them to hospice patients who live in nursing facilities.

Staff chose to do wreaths instead of a traditional poinsettia so that the nursing facility staff would not be burdened by remembering to water it, and it wouldn't wither under fluorescent lights.

What's more, this team of staff and volunteers are leaving the wreaths in place, and switching out the decorations for each holiday.

RIGHT: Renee Flickenger, a volunteer for Senior Independence's Mahoning Valley region, changes the decorations on a patient's wreath to celebrate Valentine's Day. Thanks to donor support, Senior Independence Hospice is able to do "small" things like this to help show patients how much we care.

What a fantastic idea to keep the spirit of the seasons alive for each patient!

Yet as inexpensive as this may be, we wouldn't have the funds to purchase these wreaths and decorations if donors didn't boost our efforts with their charitable gifts.

Birthday flowers, a fluffy new afghan, sweet treats...these are often things that mean the most to the patients we serve. Because it shows we care about them.

Thank you to our donors for your charitable support – you help us show our patients how much we care. Your gift can help do a small thing, which is really a very big thing, for someone receiving hospice.











for your generosity

The following donations were made between September 1, 2015 and November 30, 2015 in support of Senior Independence Hospice. If you believe your name to be omitted or printed in error, please accept our sincerest apologies and call the OPRS Foundation at 800-686-7800.

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Angelo J. Congin

Lucille Allen

Monica & Jeffrey Dolman

Eva Andersson

Cataline & daughter Elizabeth Berndt Lynn & John Mossbarger Daniel Ramentol

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REMEMBERING HOSPICE

Donor leaves generous gift in will

Senior Independence Hospice received its first ever charitable gift made through a will, which is also its largest gift received to-date! The donor, a former hospice patient, gave a gift of \$300,000 to the Greater Cleveland region of Senior Independence Hospice.

"My staff feel encouraged in their day-to-day work because someone so appreciated their care that they provided this level of generosity to help us do the same for others," said Executive Director Eileen Yates, adding, "This gift put a spotlight on just how important our employees are to their patients and families."

Because the gift was locally restricted for hospice, it can be used for any purpose related to hospice care in the Greater Cleveland area.

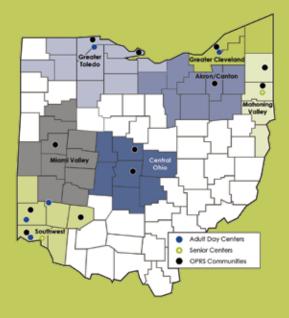
"We are carefully studying both our current needs and our hopes for the future, to decide how best to use this phenomenal gift to make the most impact possible for patients and their families," Eileen shared.

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Senior Independence and the OPRS Foundation are wholly owned subsidiaries of Ohio Presbyterian Retirement Services (OPRS), Ohio's largest and most experienced not-for-profit provider of continuing care retirement communities and services. The OPRS Foundation provides fundraising and gift administration services for OPRS, including Senior Independence. Please visit the OPRS Foundation website (www.oprsfoundation.org) for more information.



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Southwest Ohio: 513-681-8174 25 Indiana Ave., Monroe, OH 45050

Greater Toledo: 419-865-1499 1730 S. Reynolds Rd., Toledo, OH 43614

A DREAM COME TRUE

Patient meets favorite singer

Thanks to Senior Independence's Make it Happen program, hospice patient Hilda "Jean" Pritchard lived out the dream of a lifetime when she got to meet one of her favorite musicians – Aaron Neville.

Jean was excited about attending his concert, but was over the moon when her hospice team was able to get her backstage to meet Aaron after the show.

Earlier in the day, Jean had been treated to a makeover and a special lunch with her daughter, Jodi, and granddaughter, Nikki. Hospice Volunteer Coordinator Daphne Massaro was also able to accompany Jean to the concert thanks to the generosity of Kent Stage, where the event was held.

Daphne said the event was memorable for everyone involved, as it meant so much to Jean. In fact, on their way home from the concert, Jean told Nikki it had been the best day of her life. •



ABOVE: As part of her Make it Happen wish, hospice patient Jean Pritchard got to meet legendary rhythm and blues singer Aaron Neville after attending his concert. Jean said on her way home that it had been the best day of her life.

You can help make wishes come true for hospice patients like Jean! See the enclosed reply envelope for more information about how you can make your charitable gift today.